

FACILITATORS:



Fil Anderson is a spiritual director, conference speaker, writer, and retreat leader. He is the founder of Journey Resources and author of *Running on Empty: Contemplative Spirituality for Overachievers* and *Breaking the Rules: Trading Performance for Intimacy with God* (2010).

Educated at the University of North Carolina in Wilmington and Fuller Theological

Seminary, he also completed the graduate program in Christian Spiritual Formation at The Shalem Institute. Fil served on the staff of Young Life for twenty five years. The father of three children, Fil and his wife, Lucie live in Greensboro, North Carolina.

www.journeyresources.com

Stephen and Gwen Smith are Co-Founders of Potter's



Inn in Colorado Springs, CO. Steve and Gwen are spiritual directors. Steve studied at Lenoir Rhyne College, Southern Baptist Seminary and Trinity Divinity School. Gwen is an RN and Spiritual Director who trained at UNCC and Denver Seminary. Steve's published works are: *Soul Custody: Choosing to Care for the One and Only You*, *The Lazarus*

Life, *Embracing Soul Care*, *Soul Shaping*, *The Transformation of a Man's Heart* and *Soul Care: Seven Commitments for a Healthy Soul* (2010). The Smiths have been married since 1980 and have grown sons and a dog named Laz. They reside in Colorado.

www.pottersinn.com

SCHOOL OF

Spiritual Formation AND THE CARE of the SOUL

**St. Francis Springs
Prayer Center**

Stoneville, NC

March 27-31, 2011



The School of Spiritual Formation and the Care of the Soul

March 27-31, 2011

The School of Spiritual Formation and the Care of the Soul (SSFCS) is designed for individuals who seek spiritual growth, understanding, opportunities to learn and practice their faith in a retreat setting. The SSFCS is designed for pastors, missionaries, laity and leaders in churches and Christian organizations who are seeking more knowledge, training and experience in the areas of spiritual formation and soul care. It is our desire that participants take "home" what they have learned and experienced in order to implement their new insights within their local faith communities.

Participants will live in a community that is devoted to study, experiential learning, prayer, solitude, rest, meditation on scripture and wonderful meal times where lingering conversations are encouraged! The rhythm of each day will be spaciouly designed for lively discussions, thoughtful teaching and quiet reflection and study. Each participant will be given the opportunity to meet one-on-one with a spiritual director in the afternoons.

The Topics to be explored are:

- **What is spiritual formation and how does it occur**
- **Exploring Our Personal Story of Spiritual Formation**
- **What is the soul and how do we care for it?**
- **How does marring, failure and wounding shape the soul?**
- **Recognizing Spiritual Disciplines as Soul Exercises**
- **The Practice of Silence and Solitude**
- **The Practice of Spiritual Reading and Journaling**
- **The Practice of Sabbath Keeping**
- **The Practice of Worshiping God**
- **A Rule of Life: Developing a personal rhythm of spiritual practices that is realistic and sustainable for your life.**
- **How the Care of the Soul compels others to live in the presence of God**
- **Implementing the Values of Spiritual Formation and Soul Care into your own life and personal setting.**
- **The Church and Spiritual Formation and the Care of the Soul.**

Details:

Cost: \$1100 for lodging, meals, all materials and copies of Steve and Fil's books. Single participants may share rooms with someone of the same sex as there are more than one bed in each room. Married couples will have a private room. Couples: \$2000. "Early Bird" registration is \$1000 single/\$1800 couple due **December 31, 2010**.

Deposit: \$250 deposit for an individual and \$500 deposit for a couple is due with registration and balance due **February 15, 2011**.

Dates: **March 27-31, 2011**. Participants should arrive on Sunday afternoon to settle in their rooms. Please schedule your flight/schedule to depart no earlier than 3 pm on Thursday. Before you book your flight, please talk with us: **719-264-8837**.

Location: We will be using the beautiful facilities of **St. Francis Springs Prayer Center** in Stoneville, NC (about 40 minutes north of Greensboro). Fly into the Greensboro, NC airport. www.stfrancissprings.com <<http://www.stfrancissprings.com>> for directions and more information.

Reading Materials: You will be given a reading list of books that are required reading as well as recommended reading prior to the School. You are responsible for acquiring these materials on your own. At the School you will be given material to read that will included in your costs.



Registration:

You can register here and mail or register online at www.pottersinn.com/soulcare

Name(s) _____

Address _____

City _____ State _____ Zip _____

Email: _____ Primary Number to Contact you _____

Single Registration \$1100

Early Bird by December 31, \$1000 Amt. Enclosed _____

Couple Registration \$2000

Early Bird by December 31, \$1800 Amt. Enclosed _____

Registration is refundable prior to February 1, 2011. Non-refundable but transferable to another guest after February 1.

Return to: Potter's Inn, 4050 Lee Vance View, Colorado Springs, CO 80918

Telephone: **719:264-8837** • Email: steve@pottersinn.com or filanderson@triad.rr.com